

## **MAKING MUSIC WITH YOUR MOUTH AND YOUR BODY: ACTIVITIES FOR STUDENTS**

1. Watch this bodypercussion performance:

<https://www.youtube.com/watch?v=Guc4Jk9lKYo>

Time: 5 minutes.

2. Try to describe it with your own words. Make a list of the movements that you are able to identify and write a short composition.

Time: 15 minutes.

3. In groups of 6, you have to create new rhythmic patterns expressing your ideas. Try to use modal verbs and expressions to make suggestions. Some examples of expressions:

- *Clap your hands again please.*
- *Now, tap your lap.*
- *Stamp your feet two times.*
- *Can you make an eight-note rhythm clapping your hand?*
- *I thought we could make a quarter-note rhythm stamping our feet on the floor.*
- *Could you show me how you do that?*

Then, write our final composition in traditional music notation.

Time: 40 minutes.

4. Each group perform their composition to the others describing it before with musical terms.

Time: 20 minutes.

5. The whole class rehearse a choreography connecting the musical patterns made by the different groups. Every 5 minutes a student from each group will conduct the choreography giving orders and suggestions.

Time: 40 minutes.